

Produce that's Fresh. Information that's to the Point.



Top 5 Five

1. ROMAINE **ALERT!**

The supply is decreasing and yields are down.

2. GARLIC **ALERT!**

Product remains short in supply and the storage CA crop is running out.

3. AVOCADO **ALERT!**

Demand exceeds supply.

4. BELL PEPPERS **ALERT!**

West Coast markets are active.

5. ICEBERG **ALERT!**

Light weights and low yields are driving the market up.

New! Outlook

WEST COAST

The forecast held, and CA did receive some very warm temps last week. We're now back to a cooling trend, forecasted to last at least a week.

MEXICO

The weather is changing to cool nights, and warm days with a marine layer. Mexico is expecting very heavy rains for the southern third of the country.

EAST COAST

The weather forecast for South GA is calling for highs in the low to mid 90's during the day and lows in the high 60's to low 70's at night, with scattered showers throughout the week.



asparagus

WA and Baja are ending as Central Mexico gets started this week; very good quality is reported, and smaller sizes are predominating. Supplies in Peru continue to improve daily and quality is very good.



avocados **ALERT!**

Mexico: Quality is fair and improving on very tight supplies and mostly larger sized fruit. We are about a month away from the Flor Loca period in Mexico. CA: Quality is good with mostly smaller sized fruit.



beans, green

Light mechanical damage with light wet spots reported; the transition to new a growing region may affect quality.



berries—black, blue, & raspberry

Blueberries: CA's Central Valley

continues on next column



berries—strawberry

Quality is mostly good with occasional white shoulders and bruising, and sizing medium-large.



broccoli & cauliflower **ALERT!**

Broccoli: Quality is fair to good with occasional issues such as hollow core and yellowing. Supplies are tight. Cauliflower: Quality is fair to good, with bruising, discoloration, and very tight availability.



celery

The new Salinas crop looks very good, no major defects.

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citrus

Lemons: Lemons are now District 2, and quality is good. **Limes:** Limes are slowly becoming more available. Quality is fair to good. **Oranges:** Summer Navels are peaking on 88's and larger and fruit quality is very good. With schools finishing in the next few weeks, smaller size Valencias will become more available; fruit quality is good.

cucumbers

The market is steady with some underlying strength. South FL is done and Central FL/Plant City volumes are waning with some light scarring/discoloration. GA volumes are good on Selects, but hampered by rain; Cartons and Super Select volumes are light. Limited western volume.

eggplant

Market is steady/slightly weaker. GA has good volume and quality.

grapes

Good quality on the new North American crops, we may see occasional variation in sizing lot to lot. High heat may reduce availability out of Mexico.

lettuce **ALERT!**

Iceberg: Markets are active due to light weights and low yields. Quality is good with cool weather inching warmer towards the end of the week. Quality concerns are insect damage, mechanical damage, and irregular sizing. **Leaf:** Fair quality, some tip burn and insect activity. **Romaine:** Quality is fair to good, occasional burn, twisting, mildew, and insect damage.

melons

Good supplies of cantaloupes are coming out of all CA/AZ desert locations. Quality is good to excellent; sugars are 10-14. Honeydew volume is out of Nogales and the U.S. desert areas. Quality is mixed and sugars are 9-12.

onions

Light mechanical damage, neck cuts, occasional surface mold—store at 40-45° F to inhibit sprouting, and ensure ample airflow.

peppers

The market is steady and demand is good. Central FL volumes are winding down and showing some scarring/bruising. Volumes in GA are improved but rains slowed harvest. Expect most sizes out of GA to be XL and larger. We should start seeing medium and large sizes once we get into second and third pickings.

potatoes

Some pressure bruising, healed cuts and light internal damage reported.

squash

The zucchini market is steady with some underlying strength due to rains; the yellow squash market is slightly stronger and seeing some scarring and scuffing. Quality could be an issue due to the amount of rain in the product.

tomatoes—cherry & grape

Following the trend of the rounds and Romas, the grape/cherry market rises. Quality is fair, new crops on the Eastern Shore will help with demand.

tomatoes—roma & round

The eastern market bumped up from rain in the FL/GA/SC growing areas. Be mindful of rain and check quality over the next 10 days. The Eastern VA/MD Shore starts in 7-10 days. Western markets rose as well; CA crops are ramping up production.

Reality Check

VEGETABLES	Supply			Price						
	HIGH	INCREASING	AVG	DECREASING	LOW	HIGH	INCREASING	AVG	DECREASING	LOW
Asparagus										
Green Beans										
Broccoli										
Cabbage										
Carrots										
Cauliflower										
Celery										
Com										
Cucumbers										
Eggplant										
Herbs										
Lettuce – Iceberg										
Lettuce – Leaf (G/R)										
Lettuce – Romaine										
Lettuce – Spring Mi•										
Mushrooms										
Onions – Yellow										
Onions – Red										
Onions – Green										
Peas – Snow/Snap										
Peppers – Chiles										
Peppers – G,R,Y										
Potatoes – Russet										
Potatoes – R/W/Yuk										
Potatoes – Yams										
Spinach										
Squash – Yellow										
Squash – Zucchini										
Tomatoes – Round										
Tomatoes – Roma										
Tomatoes – Grape/Cherry										
FRUIT										
Apples										
Avocados										
Bananas – CR/HN										
Bananas – GU										
Berries – Blackberries										
Berries – Blueberries										
Berries – Raspberries										
Berries – Strawberries										
Citrus – Grapefruit										
Citrus – Lemons										
Citrus – Limes										
Citrus – Oranges										
Grapes										
Kiwifruit										
Melons – (C/H)										
Melons – Watermelon										
Pears										
Pineapple										

Please Distribute to:

Executive Chef, General Manager, Kitchen Manager, Purchasing Manager, F&B Manager.
Information is subject to daily weather and market fluctuations and is meant to be used as a guide.